# STOTT PILATES<sup>™</sup> course application form

| name            |           | company name (if applicable) |      |
|-----------------|-----------|------------------------------|------|
|                 |           |                              |      |
| address         |           |                              |      |
|                 |           |                              |      |
|                 |           |                              |      |
|                 |           |                              |      |
| city            | post code | country                      |      |
|                 |           |                              |      |
| email           |           | phone (day)                  |      |
|                 |           |                              |      |
| phone (evening) | mobile    | fax                          | date |

### 

#### dates

| Ο | IMP | intensive | mat | plus | 40 hrs |
|---|-----|-----------|-----|------|--------|
|---|-----|-----------|-----|------|--------|

- O IMP intensive mat plus module 1 25 hrs
- O IMP intensive mat plus module 2 15 hrs
- O AM advanced mat 6 hrs
- O IR intensive reformer 50 hrs
- O IR intensive reformer module 1 30 hrs
- O IR intensive reformer module 2 20 hrs
- O AR advanced reformer 18 hrs
- O ICCB intensive cadillac, chair & barrels 50 hrs
- O ACCB advanced cadillac, chair & barrels 12 hrs
- O ISP injuries & special populations 24 hrs
- O TB total barre foundation course 7 hrs

#### STOTT PILATES<sup>™</sup> workshops (please list)

#### relevant education

please list related degrees, diplomas, post-secondary or certificate courses and workshops.

describe anatomy education: include number of hours, when / where you studied and what topics were covered (e.g. musculoskeletal, anatomy, biomechanics).

list related certification (please specify: eg. ACE, AFAA).

#### relevant experience

outline your teaching experience (describe subject taught / years teaching).

describe your personal experience in dance, fitness or other body work (how many years/how recently).

outline your pilates experience (describe when & where, indicate the STOTT PILATES<sup>T</sup> method or other). O None O 1-10 hrs O 10-30 hrs O 30+ hrs

#### personal information

do you have any injuries, conditions or postural issues? are you currently pregnant or have you recently given birth? failure to disclose any issues prior to enrollment may result in your removal from the course.

#### reference letters (required for 1st time STOTT PILATES ™ course attendance, not workshop attendance).

we recommend applications be accompanied by a detailed resume/cv outlining education and two letters of references. reference letters should reflect course prerequisites, your teaching abilities and character

COCE pilates studio 021 623 066 info@corepilates.co.nz www.corepilates.co.nz

| how did you hear about STOTT PILATES" | <sup>*</sup> and its education program? |
|---------------------------------------|---|
|---------------------------------------|---|

| why are you | interested | in becom  | nina a | pilates | instructor? |
|-------------|------------|-----------|--------|---------|-------------|
|             |            | 111000011 |        | 01101   |             |

| are you using this course to fulfill continuing education credits? if so, for what organisation?                   |
|--|
|  |
|  |
| i plan to attend all course hours $\bigcirc$ yes $\bigcirc$ no   |
| i understand and agree to the terms of agreement set out in this registration form.                                |
| i hereby certify that the information provided on this application is accurate.                                    |
| i understand that failure to provide accurate information may result in my removal from the certification program. |
| i have included the following (applications that do not include the items below are unable to be processed)        |
| ${igodol}$ 20% non-refundable/non-transferable course fee deposit, or full course/workshop fees                    |
| O total payment  |
| O direct debitcore pilates ltd · 06 0405 0194691 00 (please include name as reference)                             |
| O visa/mastercard (for security purposes, please call to process. note that 2% fee applies, please refer to terms) |
| O two letters of reference (required for 1st time STOTT PILATES ™ course attendance, not workshop attendance)      |
| O detailed resume/cv of education experience as outlined above   |

signed

date

#### mail your application

send your application to: core pilates studio, 53 valley road, pukekohe, auckland 2120, new zealand or print, complete, scan and email to info@corepilates.co.nz

## terms of agreement

please read through these terms of agreement regarding registration. It is important that you have a thorough understanding of the terms prior to registration.

- A a 20% deposit is required to secure a position on the courses/workshops. this is non-refundable and non-transferable to another course or course date. this deposit is required to confirm a booking on a course/workshop with full and final payment required on the registration deadline.
- B space is limited and applications will be processed on a first come-first-served basis.
- C space will **only** be reserved upon the receipt of all application materials.
- D applicants under the age of 18 are subject to registration approval by the program director, toronto corporate training center.
- E cancellations will be accepted up until the registration deadline for each course and workshop. all registration fees will be refunded less the non-refundable 20% deposit. unfortunately no refunds will be available if a request for cancellation is made later than the registration deadline. to ensure acknowledgement of your cancellation, please e-mail sharon currie at info@corepilates.co.nz.
- course materials (which are included in the course fees) will be posted to each student upon full receipt of F payment. manuals/dvd's required to be studied prior the note that these are to courses/workshops commencina.
- G course participants are limited to a maximum of 12 students.
- H workshop participants are limited to a maximum of 18 students.
- I If registering on the full certification programme, 20% of the full fee is due upon booking (which is non-refundable and non-transferable). the balance of each course is to be paid in full 3 weeks prior to the commencement of each individual course starting. course materials will be dispatched upon full payment for each course.
- J registration fees for the course are non-transferrable.
- K to cover bank penalty charges, a \$50.00 fee will be extended to you for any dishonoured cheques, passed or declined credit card debit due to insufficient funds.
- L note that due to additional terminal charges, a charge of 2% will be added to payments made by visa or mastercard. other credit cards are not accepted.
- M core pilates direct debit details are: 06 0405 0194691 00 (please include name as reference)
- N all prices are in new zealand dollars and include gst.
- O core pilates Itd reserves the right to postpone or cancel any course or workshop. in this unlikely scenario, pre-enrolled students will receive a full refund.
- of completion P a letter will be sent to each student upon attendance of the entire duration of each course/workshop attended.
- Q students who successfully complete the course and pass the course examination are eligible for certification by STOTT PILATES<sup>™</sup>.
- R after completing a course, students have 6 months to complete their exam(s). once students pass their exam they will be considered a certified STOTT PILATES™ instructor. all level 1 exams consist of a written and practical component. all level 2 exams consist of a practical component only.

S current pricing for sitting exams is:

| mat or reformer | exam | nz\$540 |
|-----------------|------|---------|
|                 |      |         |

mat & reformer exam, or full certification ......nz\$599

if sitting the exam at the core pilates studio, an administration fee applies ...... nz\$100

- all STOTT PILATES™ certified instructors must complete 0.6 continuing education credits per calendar year to maintain their certification. this is equivalent to attendance at a one day series of workshops and the motivation is, (like many credible health & medical professions), to ensure each STOTT PILATES™ instructor remains current and continues to extend their knowledge and experience.
- U students must attend all classes. if a student must miss a class, s/he will have to make up missed time with an instructor trainer.
- V if the student misses more than 5 hours they must make up the same amount of hours missed (1:1 ratio). If a student misses less than 5 hours of a course, they need to make up half the time in private review at their cost (2:1 ratio of hours missed to hours made up).
- W make-up hours should be done in a timely manner especially if the missed hours occur in the middle of a course. (this allows students to cover material prerequisite to material taught upon returning to the course). make up fee is nz\$90/hour, which is payable prior to the scheduled session.
- X any make-up hours for the advanced courses are done on a 1:1 ratio due to the density of the course material and the expectation that it will take the same amount of time to teach one student as to teach a group.
- Y students have six months to make up any hours missed. if they exceed this timeline, the course is forfeited and the entire course must be retaken in order to examine and certify. the instructor trainer will inform merrithew international inc. via the submitted class list that a student has not completed a course. a note will be made on the student's file. a letter of completion will be sent to the student when the center has confirmed that the student has completed the remaining hours.

#### I understand and agree to the above terms of agreement

Т